

CACI



Wellbeing Acorn Pen Portraits: Group

Enhancing Health and Wellbeing Insights

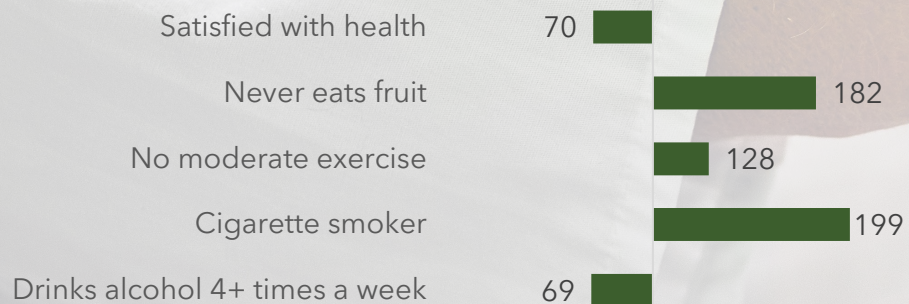


Group 1 - Serious Challenges

11%
of UK population

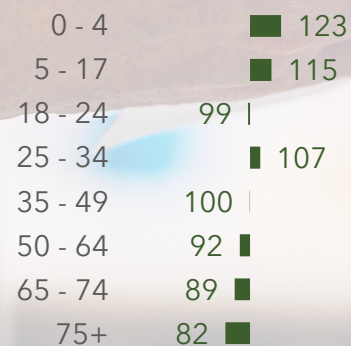
These areas contain the population with the greatest levels of illness and consequently, those with the greatest health challenges. They contain some of the oldest people in the most deprived neighbourhoods, with some of the highest levels of smoking and vaping, increased alcohol use, and the lowest levels of fruit and vegetable consumption. Issues around isolation, quality of sleep and mental wellbeing are most prevalent here with many lacking a support network.

Indices on behaviours

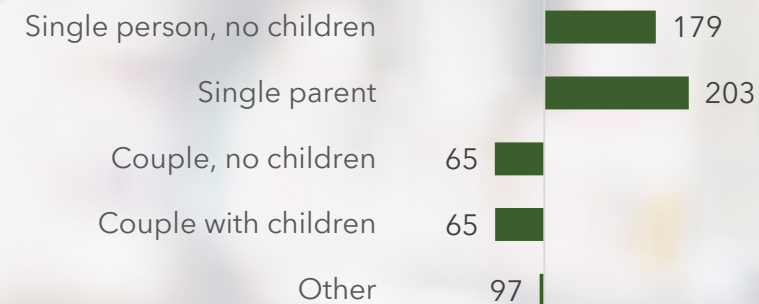


Index vs UK

Age profile



Family structure

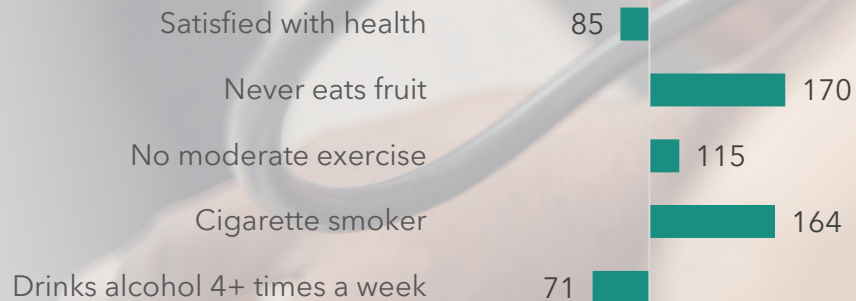


Group 2 - Multiple Concerns

13%
of UK population

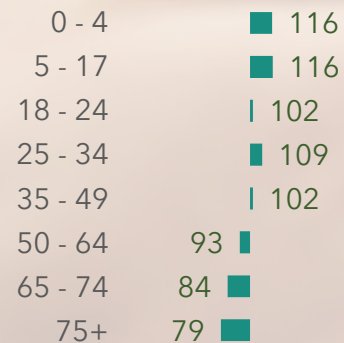
These neighbourhoods with primarily young and middle aged people exhibit health concerns and unhealthy behaviours, as a result of their lifestyle and financial situation. They have some of the highest incidences of smoking and vaping in the country. Issues such as unemployment, debt and dissatisfaction with jobs and life overall contribute to low scores on the mental wellbeing scale.

Indices on behaviours

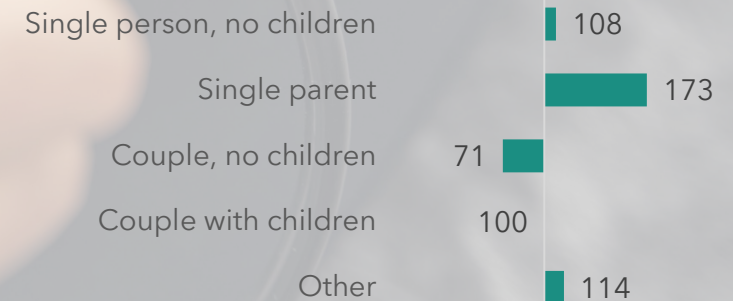


Index vs UK

Age profile



Family structure



Group 3 - Unhealthy Traits

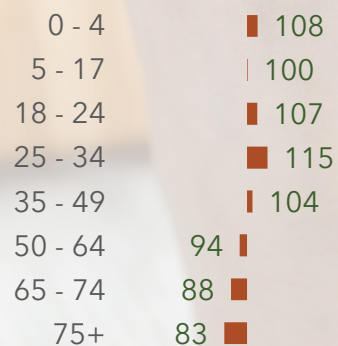
22%
of UK population

These young and middle aged neighbourhoods have some indication of illness, unhealthy behaviours like smoking and dietary habits as a result of their lifestyles. This, coupled with mental health concerns, could put their physical health at risk in the future.

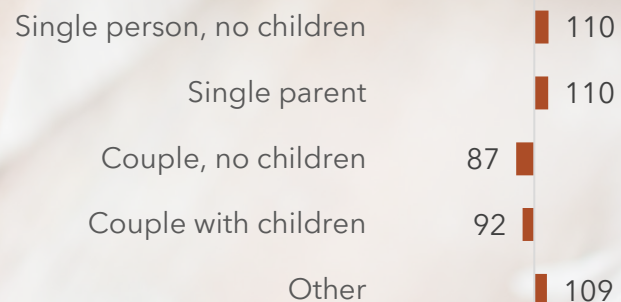
Indices on behaviours



Age profile



Family structure

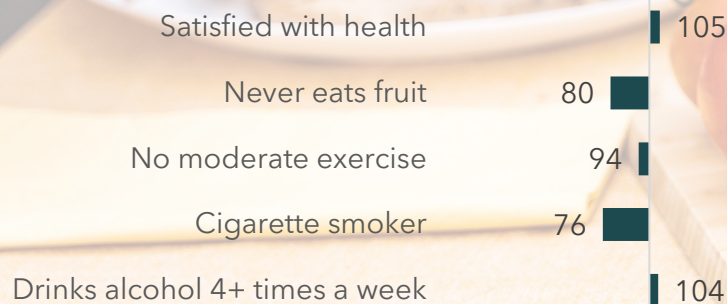


Group 4 - Healthy Behaviours

24%
of UK population

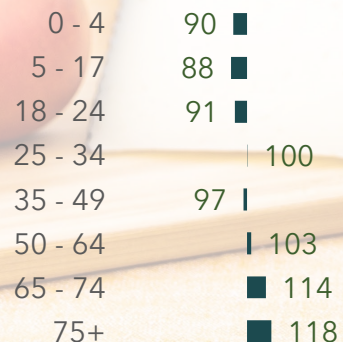
These are areas where the health and wellbeing of the residents are generally good, with moderate exercise and healthy dietary habits. They have lower levels of smoking and generally below average incidence of illness. Whilst smoking is low, increased alcohol consumption can be a concerning factor.

Indices on behaviours



Index vs UK

Age profile



Family structure



Group 5 - Fit and Well

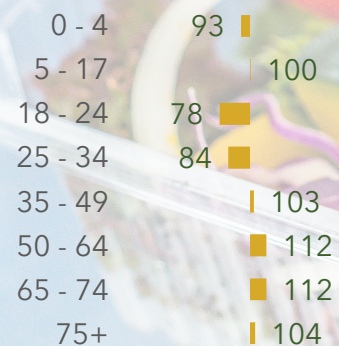
29%
of UK population

These neighbourhoods are more affluent, with a mix of ages but often with older residents. Their health, given their age, is especially good with comparatively low levels of illness and good lifestyle behaviours. Smoking is very low and consumption of fruit and vegetables is extremely high. There can be, however, issues with alcohol intake.

Indices on behaviours



Age profile



Family structure





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